



## Tell parents ASAP: Panel

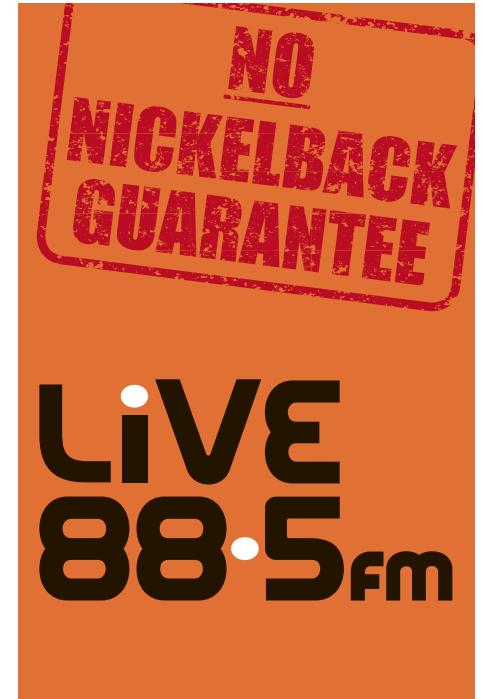
Professional misconduct declared in Ashbury College sexual-assault case **PAGE 3**

## Breakfast of champions?

Lay's set to introduce cappuccino-flavoured chips in the U.S. **PAGE 6**

## DON'T BE CRUEL TO AN ART THAT'S TRUE

THEY'RE NOT IMPERSONATORS. THEY'RE ELVIS TRIBUTE ARTISTS, THANK YOU VERY MUCH **PAGE 7**



## GARLAND CHARGED

Douglas Garland is escorted into a Calgary police station on Monday in connection with the disappearance of five-year-old Nathan O'Brien and his grandparents. Story, page 4. JEFF MCINTOSH/THE CANADIAN PRESS

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# Duffy's my dad, woman alleges in Peruvian suit

**Maclean's magazine report.** Former Conservative senator denies allegation

Maclean's magazine reported Tuesday evening that former Conservative senator Mike Duffy has a love child in Peru. Torstar News Service has not verified the allegation.

Karen Duffy, 32, has filed a civil suit in Peruvian court against Duffy to try to prove that he is her biological father. He will have to provide a DNA sample to court to disprove this allegation, Maclean's reported.

Duffy denies the allegation, which has not been proven in court.

In response to an email from Maclean's seeking comment, he wrote, "Your email

contains untrue allegations, made by a convicted narcotics smuggler, and which go back more than 30 years. I will respond to any legal process from Peru in an appropriate manner. I will have no further comment."

Karen Duffy told Maclean's that neither she nor her mother is seeking money from Mike Duffy and that they have tried to reach out to him on several occasions with no response.

"It's a weird story.... When I was a child I didn't really understand it. I just felt rejected and wondered why my father wasn't with me," Karen Duffy is quoted as saying in the Maclean's article.

Maclean's reported that Karen Duffy's mother, Yvette Benites, was convicted of smuggling cocaine into Canada in the late 1970s and served time in the Kingston, Ont., Prison for Women. Benites alleges she met Mike Duffy through his sister Moira Duffy, a fellow inmate at the Prison for Women.

She says Moira asked her to deliver a birthday present for her brother while Benites was on parole, staying in a halfway house. Benites told Maclean's she left Mike Duffy a letter in his apartment explaining she was pregnant before she was deported.

Mike Duffy, a former CTV and CBC journalist, was suspended without pay from the Senate in November 2013.

According to the Maclean's story, the outcome of the Peruvian court case will not be recognized by Canadian courts. It also wouldn't allow Karen Duffy to obtain retroactive child support or Canadian citizenship or make any kind of future claim on Mike Duffy's estate. **TORSTAR NEWS SERVICE**

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East end

Pants puller pleads guilty to five more sexual assaults

Gavin Griffiths, 28, the serial pants puller who targeted unsuspecting women in Ottawa over several months in May 2012, pleaded guilty to five more sexual assaults on Monday. The new incidents happened on May 31, 2013 in the city's east end, according to court documents. Griffiths will be sentenced on those charges as well as two counts of mischief and one count of failure to comply with a court order on Sept. 15.

JOE LOFARO/METRO

In the news

Corrections

A July 14 story about the Hang Up Help Out clothing donation event for the homeless should have stated the event will happen July 27.

A July 15 story about microbreweries in Ottawa named the wrong Ottawa Beer Events blogger. It should have been Sasha Dunfield, not Katy Watts. We regret the error.

A July 15 story about the City of Ottawa's new rose garden commemorating the Treaty of Ghent, which officially ended the War of 1812, misstated the names of Belgian dignitaries. The item should have said Mayor Watson hosted Ambassador of the Kingdom of Belgium Bruno van der Pluijm and Jan Briers, Governor of the Province of East Flanders, Belgium, at the dedication ceremony. METRO

# Teachers rebuked in assault report

Two teachers at Ashbury College were found guilty of professional misconduct for "failing to immediately notify parents" about a sexual assault during a school field trip, according to a recently released detailed report.

Ian Middleton and Alyssa Novick were among four teachers and about 50 students on a field trip to Boston, Mass., in November 2007. One male student told Middleton four students had entered his room and held him down while another sexually assaulted him and an-

other videotaped the incident.

The teachers had been found guilty in February by a disciplinary panel of the Ontario College of Teachers, but the 238-page detailed document of the decision was only released Friday.

Middleton and Novick were found to have phoned the parents about seven hours after the incident.

They were not found guilty of three other allegations: falsely advising the victim's parents that he didn't want to report the attack to police, discour-

aging the student from going to police and refusing a request from the parents to call police.

An agreed statement of facts said the boy was assaulted around midnight Nov. 17 and he told Middleton shortly thereafter. From around 1 a.m. on, the teachers discussed the incident, interviewed the attackers and consulted with then-headmaster Tam Matthews, who was in Ottawa.

The victim's parents were phoned around 7 a.m. Ottawa police were contacted around 3 p.m. The victim's father

phoned Boston police around 7:30 p.m.

Two of the attackers later pleaded guilty in Boston to assault and battery.

Middleton and Novick are still teaching at Ashbury.

In a written statement, the school said it was reviewing the report and waiting on the penalty hearing but would consider "the best interest of our students and the school community."

A date for the penalty hearing has yet to be confirmed.

LUCY SCHOLEY/METRO

# Making life easier for those with disabilities

## Carleton University.

Summit looks at improving accessibility in higher education, technology and communities

A report on accessibility will be reviewed by the government of Ontario following the city's first International Accessibility Summit hosted by Carleton University.

The summit, held at the Ottawa Convention Centre, ran from July 12 to 15 and brought in almost 500 delegates who represented a total of 10 different countries.

The delegates, said summit co-chair Suzanne Blanchard, included 40 students from the university who were sponsored to attend plus an array of professionals from educa-



Carleton University psychology student and summit delegate Amuchilani Koziba Makhala says the summit showed her that with good planning, accessible housing measures can be achieved without extra costs.

AMY YEE/FOR METRO

tional, governmental and private sectors.

Panels discussed improving accessibility in higher education, technology and communities.

Following the summit, the committee will file a report containing recommendations about improving accessibility, said Blanchard.

"We'll put a report out in

terms of what came out of the summit and different recommendations around that," said Blanchard. "We'll be looking at that with the government of Ontario to see what are the different things that can be done."

First-year Carleton psychology student Amuchilani Koziba Makhala was one of the delegates at the summit. Since birth, Makhala has dealt with osteogenesis imperfecta, a condition that's affected the mobility of her legs.

A topic she said interested her at the summit was housing accessibility. "Most people around the world always think that building an accessible and affordable house is expensive, but I came to realize that it's not expensive, it only takes someone to come up with a plan," said Makhala. "A good plan can make it possible without any extra costs."

AMY YEE/FOR METRO

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# Nathan's mom won't give up hope her son will come home

**Charges laid.** Police believe that five-year-old Nathan O'Brien and his two grandparents were murdered

 JEREMY NOLAIS  
Metro in Calgary

Nathan O'Brien's mother isn't giving up hope her little boy will still come home — even as police formally charged a man in what's become a triple-murder case.

Jen O'Brien told Metro Tuesday that police haven't shared the evidence they've gathered that gives them confidence five-year-old Nathan and his grandparents, Alvin and Kathryn Liknes, are dead.

"At this point, I don't know what that evidence is, nobody knows what that evidence is," she said. "They won't tell us, but we do know that it's not time for us to lose hope."

"I can't and I won't until we know for sure."

Douglas Garland has been charged with two counts first-degree murder and one count of second-degree murder — the latter charge relates to the presumed death of Nathan.

The nature of the charges indicate that police believe the accused premeditated the murders of the Liknes couple but not that of the five-year-old, who'd been staying over at his grandparents' Parkhill home on June 29.

When Jen O'Brien returned the following morning to retrieve her son, neither Nathan nor her parents were anywhere to be found.

"I'm so hopeful that my little boy's going to come home," she said. "I hope and pray that anybody that was involved actually speaks up and has it in their hearts because Nathan wasn't involved in this."

Police have said a violent incident occurred inside the



A memorial continues to grow at a Parkhill home in Calgary where Alvin and Kathryn Liknes and their five-year-old grandson Nathan O'Brien went missing two weeks ago. KEN VAN DE WALLE/FOR METRO

home and that the missing trio didn't leave voluntarily.

The Parkhill home, an Airdrie acreage owned by Garland's parents and multiple

Calgary landfills were all searched during a two-week investigation.

On Monday, Calgary Police Chief Rick Hanson broke the

news that although no bodies have been recovered, his investigators have gathered enough evidence to lay the three murder charges.

**Douglas Garland**  
*Records offer portrait of the accused*

For more than a week, Douglas Robert Garland has been at the centre of a Calgary police probe into the mysterious disappearances.

Records reveal an intelligent person but someone who struggled with mental problems that led, in part, to a long criminal record.

Court documents show Garland was smart enough to get into medical school, evade police on drug charges for years, get a job working in a laboratory without credentials and win a tax-court case against the federal government. THE CANADIAN PRESS

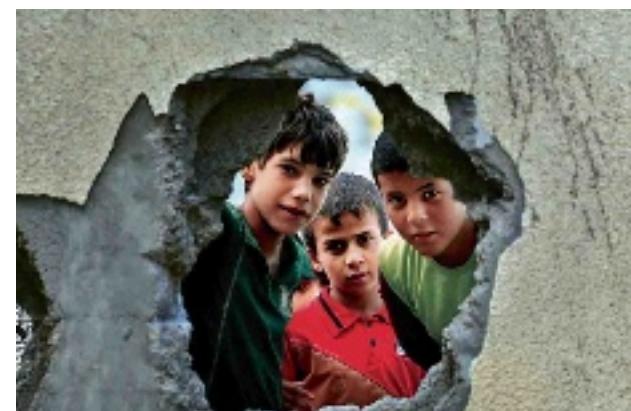
## Israel resumes bombings in Gaza after Hamas rejects ceasefire

Israel resumed its heavy bombardment of Gaza on Tuesday and warned that Hamas "would pay the price" after the Islamic militant group rejected an Egyptian truce plan and instead unleashed more rocket barrages at the Jewish state.

Rocket fire from Gaza killed an Israeli man Tuesday, the first Israeli fatality in eight days of fighting. In Gaza, 197 people have been killed and close to 1,500 wounded, Palestinian officials said, making it the deadliest Israel-Hamas confrontation in just over five years.

Hamas officials rejected the current Egyptian plan on Tuesday, noting they weren't consulted by Cairo. Some portrayed the truce offer as an ultimatum presented to Hamas by Israel and Egypt.

The officials said the Egyptian plan offered no tangible achievements, particularly on easing the border blockade that has been enforced by Israel and Egypt to varying degrees since 2007. The Egyptian proposal, initially accepted by Israel, had



Palestinian boys inspect the site of the el-Zatmeh family home, which was damaged by an overnight Israeli missile on Tuesday, in Rafah, southern Gaza Strip. LEFTERIS PITARAKIS/THE ASSOCIATED PRESS

been the first attempt to end the fighting but unraveled in less than a day. Hamas does not consider Egypt's current rulers — who deposed a Hamas-friendly government in Cairo a year ago — to be fair brokers.

In an evening address aired live on TV, Israeli Prime Minister Benjamin Netanyahu said

that after Hamas' rejection of the truce, Israel had "no choice" but to respond more forcefully.

"Hamas chose to continue fighting and will pay the price for that decision," he said. "When there is no ceasefire, our answer is fire."

"The siege on Gaza must be

### Fighting persists

On Tuesday, thousands of residents of northern and eastern Gaza were urged to leave their homes by Wednesday morning, presumably a prelude to airstrikes.

- Hamas believes it has little to lose by continuing to fight, while a truce on unfavourable terms could weaken its grip on Gaza.
- Israeli aircraft have struck around 1,700 times since July 8, while Gaza militants fired more than 1,200 rockets at Israel.

broke, and the people of Gaza should live freely like other people of the world," Moussa Abu Marzouk, a top Hamas official, told the Lebanese TV channel Al-Mayadeen, adding that there should be a "new equation" in place to prevent war.

THE ASSOCIATED PRESS

## Kidnapped girls. Parents, schoolmates refuse to meet Nigerian president

Parents and schoolmates of the 219 schoolgirls held captive by Boko Haram extremists refused at the last minute Tuesday to meet with Nigeria's President Goodluck Jonathan.

"It now appears that our fight to get the girls of Chibok back is not only a fight against a terrorist insurgency, but also against a political opposition," Jonathan said in a statement.

On Tuesday, security agents locked the doors to the National Assembly, preventing

the activists from attending a scheduled meeting with the Senate president, said Rotimi Olawale, co-founder of Youth Hub Africa.

It seems the campaigners then persuaded the parents and girls not to meet with the president.

Jonathan accused the Nigerian chapter of the Bring Back Our Girls movement of "playing politics with the situation."

THE ASSOCIATED PRESS

### Moscow

#### At least 21 killed in subway derailment

A subway train derailed Tuesday deep below Moscow's streets, twisting and mangling crowded rail cars during the morning rush hour. At least 21 people were killed and 136 more were hospitalized, Russian officials said.

It was unclear what caused the derailment. Of the 136 people hospitalized, at least 42 were in grave condition, officials said. One citizen of China and one citizen of Tajikistan were among those killed, Russian news agencies quoted city officials as saying.

Over 1,100 people were evacuated from the train in a rescue operation that lasted at least 12 hours.

THE ASSOCIATED PRESS

# Detained immigration activist gets released

## Jose Antonio Vargas.

Prize-winning journalist and undocumented immigrant was stopped in Texas border town

Pulitzer Prize-winning journalist Jose Antonio Vargas, a Philippines-born immigration activist who has lived in the U.S. illegally since he was a child, was released by U.S. Border Patrol agents on Tuesday after they detained him at a Texas airport.

Border Patrol spokesman Omar Zamora said Vargas was stopped going through security at the airport in McAllen, just across from the Mexico border. A spokeswoman for Define American, Vargas' advocacy group, confirmed his release

### Going public

Vargas went public about his immigration status in a 2011 piece for the New York Times Magazine, revealing that he had been living in the U.S. illegally since he was brought from the Philippines as a child to live with his grandparents. He also directed a 2013 documentary called Documented.

Tuesday afternoon.

It is common for the Border Patrol to release people on their own recognizances, with notices to appear in court later. With such notices, people can generally travel throughout the U.S. without being detained again.

THE ASSOCIATED PRESS



## Splashing in the streets

A child plays in a waterlogged street holding the hand of an adult as it rains in Mumbai, India, Tuesday. Incessant rainfall has caused waterlogging in several parts of the city. RAJANISH KAKADE/THE ASSOCIATED PRESS

### Joe Fontana

#### No jail for former London mayor

Former London, Ont. mayor Joe Fontana was given a four-month conditional sentence Tuesday. The sentence will be served at home, with Fontana prohibited from leaving the house except for work, religious services, medical appointments and legal reasons.

MIKE DONACHIE/METRO IN LONDON

### Possible record-breaker

#### Teen flies solo around the world

A U.S. teen may have become the youngest person to fly solo around the world.

Matt Guthmiller, 19, completed the more than 46,670-kilometre journey in a single-engine airplane Monday night when he touched down in California.

Guthmiller made about two dozen stops in 14

countries during the journey that began May 31, according to his mother, Shirley, who greeted her son after his 16-hour final-leg flight from Hawaii.

Guthmiller took an early interest in aviation and was 16 when got his pilot's licence.

Guthmiller's parents said he's sending documentation to Guinness World Records, which must confirm that he broke the record.

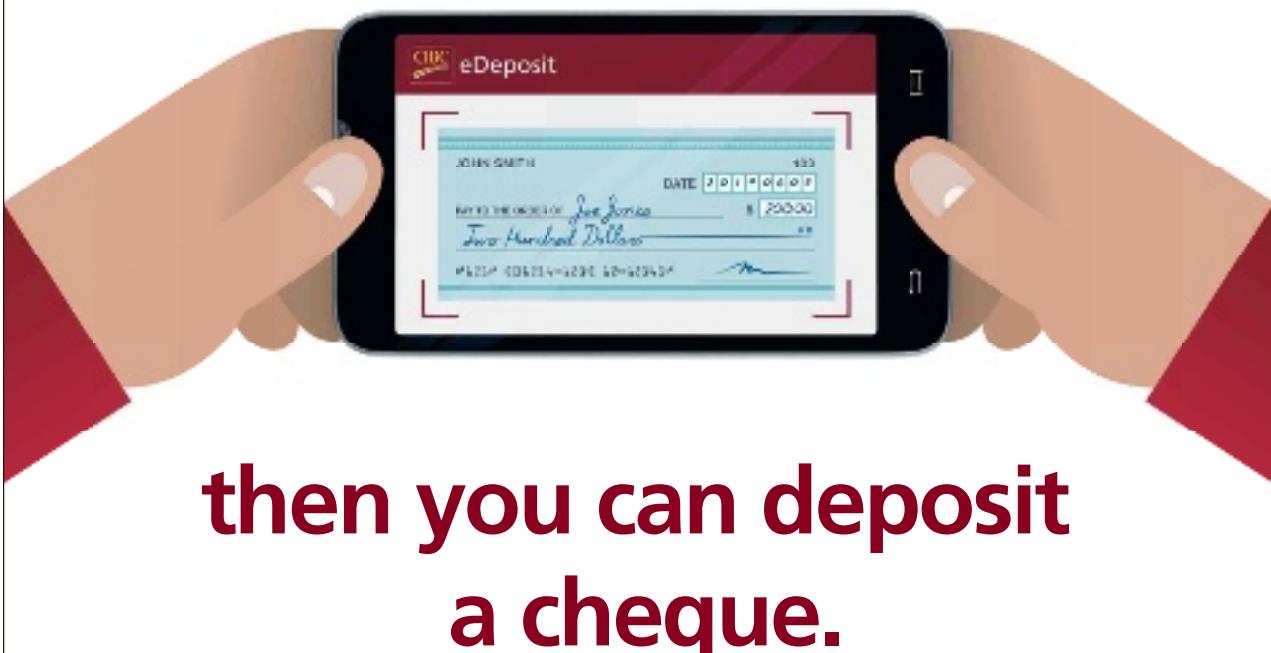
THE ASSOCIATED PRESS

### It's a boy!

#### On-duty officer delivers own baby

Officer Bryan Anderson was on duty Sunday in Hemet, Calif., when he got a call from his wife saying she was about to give birth to their baby. Anderson hurried home and called paramedics, but they didn't arrive in time. He delivered baby Michael in their bathroom. THE ASSOCIATED PRESS

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## New chip flavour brewing. Cappuccino-flavoured Lay's to hit stores in U.S.

American palates have changed considerably over the years, but is the country ready for cappuccino-flavoured Lay's?

Frito-Lay, the snack division of PepsiCo Inc., will announce on Wednesday the coffee-flavoured chips as one of the four finalists for its second annual "Do Us a Flavor" contest in the U.S., which gives people a chance to create a new potato chip that is sold nationally and win \$1 million US. The other three finalists are Cheddar Bacon Mac & Cheese, Mango Salsa and Wasabi Ginger.

Frito-Lay says the four flavours are expected to start hitting shelves in late July. People will then be able to vote online for their favourite through Oct. 18.

The promotional stunt is intended to boost customer engagement online and send fans to stores in search of the flavours.

But it also reflects how Frito-Lay is trying to keep up with changing tastes, with its ever-evolving lineup of potato

### The top four

Despite the growing popularity of ethnic flavours, the top four Lay's flavours remain the same: Original, Barbecue, Cheddar & Sour Cream and Sour Cream & Onion.

chips now including several Hispanic flavours. Later this month, it also plans to roll out Lay's Stax chips in a Korean barbecue flavour and Lay's Stax in Thai Sweet Chili flavour.

That would make them the first Asian flavours of Lay's chips sold nationally in the U.S., not counting the flavours it has introduced as part of the "Do Us a Flavor" contest. Last year, Cheesy Garlic Bread beat out Chicken & Waffles and Sriracha, a sauce commonly used in Thai cuisine.

"I can't imagine us 10 years ago doing a wasabi ginger flavour," said Ram Krishnan, Frito-Lay's senior vice-president of brand marketing.

THE ASSOCIATED PRESS

Avg. price: \$413,215

### Home sales were as hot as the weather in June

Canadian home sales heated up in June to their best pace since March 2010 after a sluggish start to the year due to the frigid winter and late spring.

The Canadian Real Estate Association said Tuesday that sales through its Multiple Listings Service in June were up 0.8 per cent from May. THE CANADIAN PRESS

### Market Minute

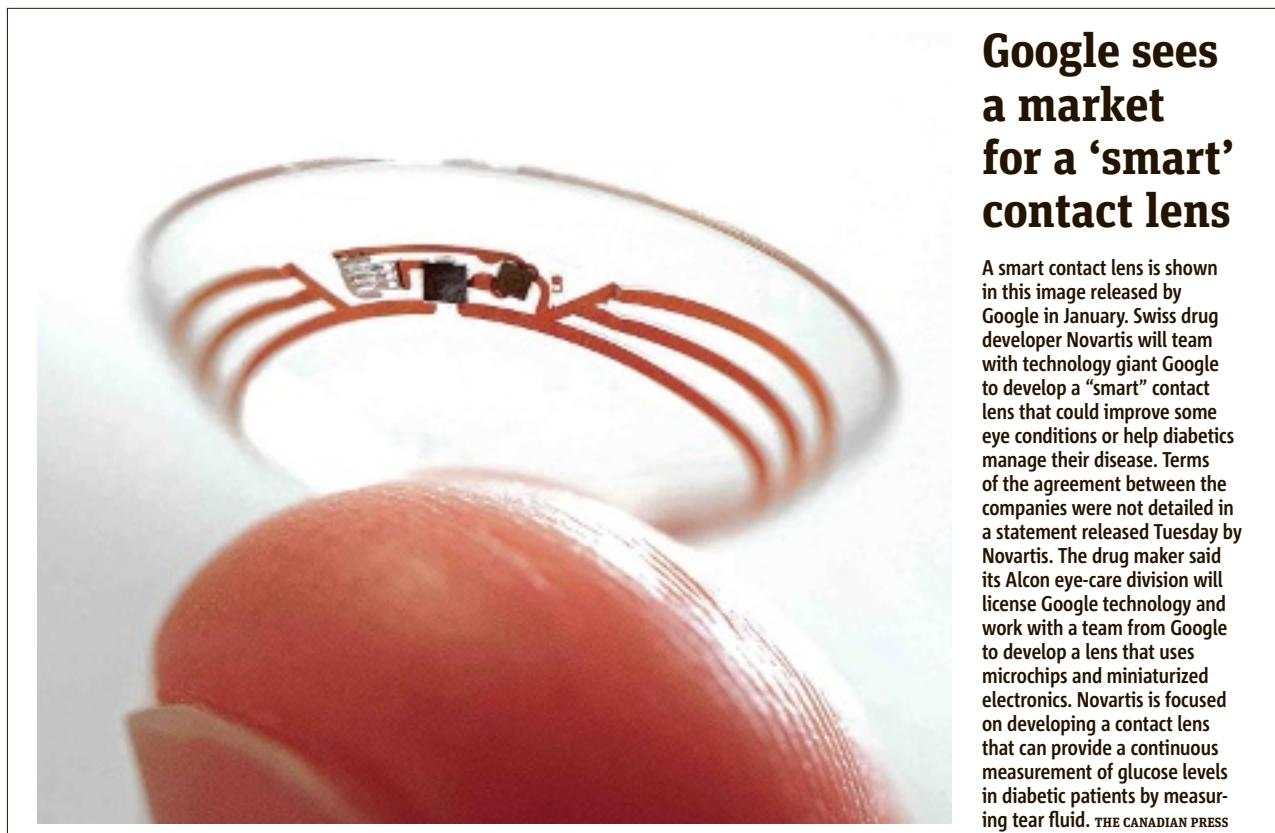
**DOLLAR**  
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**GOLD**  
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**Natural gas:** \$4.09 US (-\$0.07)  
**Dow Jones:** 17,060.68 (+5.26)



## Google sees a market for a 'smart' contact lens

A smart contact lens is shown in this image released by Google in January. Swiss drug developer Novartis will team with technology giant Google to develop a "smart" contact lens that could improve some eye conditions or help diabetics manage their disease. Terms of the agreement between the companies were not detailed in a statement released Tuesday by Novartis. The drug maker said its Alcon eye-care division will license Google technology and work with a team from Google to develop a lens that uses microchips and miniaturized electronics. Novartis is focused on developing a contact lens that can provide a continuous measurement of glucose levels in diabetic patients by measuring tear fluid. THE CANADIAN PRESS

# Weighing security vs. privacy in Britain

**Parliament.** Lawmakers push bill requiring phone and Internet companies to store call and search records for an entire year

British lawmakers debated the balance between privacy and security Tuesday during an unusual one-day session designed to rush an online surveillance

bill through Parliament.

A series of government and opposition legislators spoke in the House of Commons to condemn the Data Retention and Investigatory Powers Bill, which requires phone and Internet companies to store call and search records for a year.

Home Secretary Theresa May said the data is "vital in the fight against crime and the fight against terrorists."

But Labour lawmaker Jeremy Corbyn called the bill "a massive

piece of intrusion into people's lives," and Conservative David Davis said the legislation was intrusive and ill-conceived.

"While this may be law by the end of the week, it may be junk by the end of the year," Davis said.

Prime Minister David Cameron announced the emergency legislation last week, saying without it telecommunications providers would start deleting the information.

THE ASSOCIATED PRESS

### Likely to be law

Despite the criticism, most British lawmakers did not attend the debate on Tuesday.

- The bill is backed by the three main party leaders and is almost certain to become law in Britain.

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# WORLD'S OLDEST MAN OUTLIVES TO TELL

Some of us stop having birthdays after we turn 29.

Still, somehow the government tracks us down when we're 65 and sends us a paltry stipend.

"Too bad. You're old, ha ha. Here's 500 bucks a month. Don't spend it all in one place."

Sadly, in our youth-obsessed age, the elderly get no respect. Of course, being only 29, I have no first-hand experience of the problem.

There is one way to get the respect you deserve: just wait everybody out until, like José Aguinelo dos Santos, you wake up one morning as The World's Oldest Man.

Then they respect. They come from miles around to ask you how you managed to survive until 126, outlasting the former Jeanne Calment, that young French girl who gave up the ghost at 122 in 1997.



**JUST SAYIN'**  
**Paul Sullivan**

metronews.ca

And if you're José, the formula is pretty simple. "The truth is," he told an inquiring reporter, "you keep getting older."

It helps, apparently, to smoke a pack of cigarettes a day for the last 50 years, to sing and tell jokes and eat rice and beans. Oh, and avoid bathing at all costs.

When you're 126, who's going to say you smell like old cheese? And you can just pretend not to hear them.

José was allegedly born on July 7, 1888, on the same day as Lawrence of Arabia—who may have had a more exciting life, but look who's still here.

The son of an African slave—he can't remember his mother's name—José was born two months after slavery was abolished in Brazil.

He spent most of his life working on a coffee plantation, so you have to wonder if emancipation made much difference.

José got his first birth certificate this month after being

interviewed by experts. He was able to accurately describe the slave compound of his birth, which allowed the experts to assign his age, although his old folks' home is hoping to have him carbon 14-dated to make sure.

When you're 126, it's kind of like being a petrified tree.

But just look at what this guy has lived through. The year he was born was the year of Jack the Ripper. He was 26 at the outset of World War I and 53 when World War II ended. He was 62 the last time Brazil hosted the World Cup. That was in 1950. He was a pensioner more than half a century ago.

Memo to self: call financial adviser re: outliving retirement capital.

If you're José, you could look at it this way: every minute could be your last.

Or you could look at it this way: every minute is a bonus. As fellow centenarian George Burns liked to say, "If you live to be one hundred, you've got it made. Very few people die past that age."

So happy Birthday to José, the last man standing (from on or before July 7, 1888).

## DON'T CALL IT AN IMPERSONATION



Frank Werth, left, of Hayes, Kan., looks at the collar of Tony Freitas, of Oakdale, Calif., during the Las Vegas Elvis Festival. Some three dozen Elvis tribute artists took their gyrating hips and curled lips to the stage over the weekend to see who could do the most convincing portrayal. JOHN LOCHER/THE ASSOCIATED PRESS

### Elvis tribute artists go for reverence, not mockery

The white-suited, chest hair-baring, blue contact-wearing men posing with fans outside the showroom of the former Las Vegas Hilton don't want to be called Elvis impersonators.

The correct term is Elvis tribute artist—or ETA for short—to distinguish their studied performances from the dime-a-dozen characters trolling the strip.

"It's not a gag," explained Jason Sherry, producer of this

weekend's Elvis Festival in Las Vegas, one of several sanctioned by Presley's estate that lead up to Elvis Week in Memphis, Tenn., in August. "It doesn't mean we don't enjoy it. But we're not making a mockery of Elvis."

Some three dozen ETAs took their gyrating hips and curled lips to the stage over the weekend to see who could do the most convincing portrayal.

Prizes included \$2,500 in cash for the top performer and a chance to represent Las Vegas in the Ultimate Elvis Tribute Artist competition during Elvis Week. THE ASSOCIATED PRESS

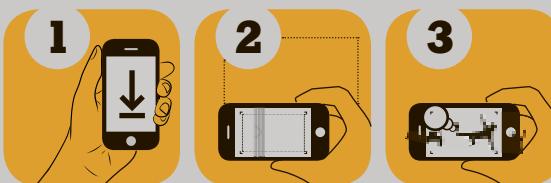
### Love me long time

Events help Presley's estate cultivate a fan base decades after radio stations stopped playing Love Me Tender.

- Organizers have tweaked the festival to keep up with the changing demographics. For example, they ditched sock hops and replaced them with an after-hours party more familiar to millennials.

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### MetroTube

#### This is (messed) up



ANDREW

FIFIELD

andrew.fifield@metronews.ca

While it could fit comfortably in the "Meanwhile in Russia" file, this clip of a motorcyclist who rudely found himself on the roof of the car in front of him, courtesy of the front of the car behind him, is exported from another reliable supplier of street malfeasance videos: Australia.

Though "all kinds of (messed) up" from the ordeal, the driver luckily survived. As for the (messed) in the previous sentence, the word it replaces is unsurprisingly muttered here. Let's call it a "muffled grunt." (Madchodo/YouTube)



SCREENGRAB

# Sex Tape spawn of getting it on

**Sexcapades.** Hitting record before hitting the sack is a popular if not always private pastime



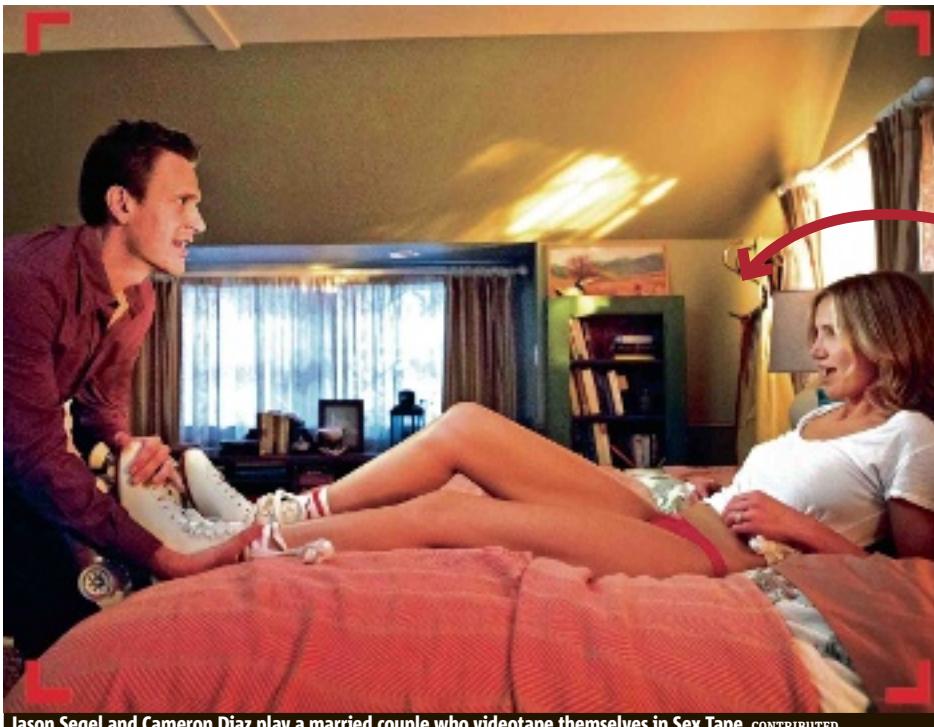
IN FOCUS

Richard Crouse  
scene@metronews.ca

For many people, especially those who troll around in the more unsavoury corners of the Internet, the first exposure to celebs like Paris Hilton and Kim Kardashian came from that most modern form of celebrity introduction: the sex tape.

Paris and Kim's videoed sexcapades weren't the first tapes to become public — in 1988 Rob Lowe was embarrassed when VHS images of him and two women popped up on the news — and they weren't the last.

This week in *Sex Tape*, Jason Segel and Cameron Diaz are Jay and Annie, a married couple who try to spice things up in the bedroom by videotaping themselves. All goes well until Jay forgets to erase the tape and mistakenly stores it on the cloud. "Our sex tape has been synced to several devices," he says, "all of which are in the



Jason Segel and Cameron Diaz play a married couple who videotape themselves in *Sex Tape*. CONTRIBUTED

possession of friends!"

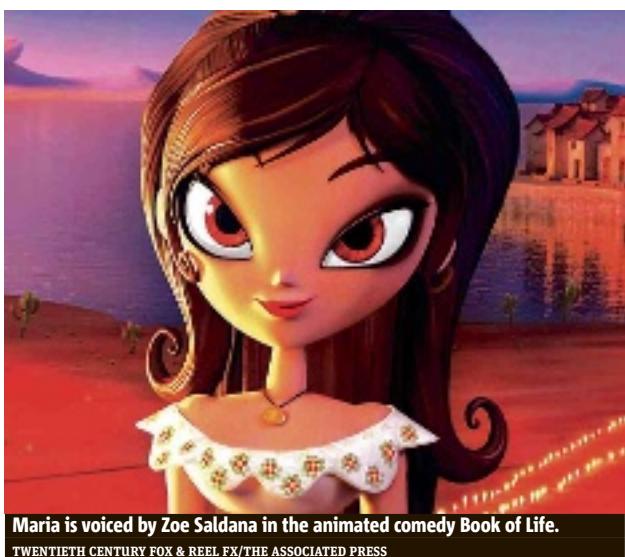
Given how many actors have appeared in sex tapes it's not surprising that several movies have used the raunchy videos as a plot point.

In *Bruno*, the titular Austrian fashion reporter (Sacha Baron Cohen) tries to make a name for himself in America by making a sex tape with another famous American, U.S. Congressman Ron Paul.

Trouble was, Paul wasn't in on the joke. "I was expecting an interview on Austrian economics," said Paul. "But, by the time he started pulling his pants down, I was like 'What is going on here?' I ran out of the room.

This interview has ended."

The 2006 comedy *Drop Box* has production values not unlike that of an actual sex tape but despite its low budget it offers up the funny and often brutal story about Mindy (Rachel Sehl), a big-time bubblegum pop star (think Britney or Miley), who accidentally re-



Maria is voiced by Zoe Saldana in the animated comedy *Book of Life*.  
TWENTIETH CENTURY FOX & REEL FX/THE ASSOCIATED PRESS

## Enchanting sugar skull treat. Mexican folklore gets animated in *Book of Life*

Guillermo del Toro is helping to open the *Book of Life*.

The Oscar winner is producing the animated feature by first-time director Jorge Gutierrez, and joined him at Fox Studios on Monday to unveil footage from the film, set for release in October.

*Book of Life* is rich with imagery from Mexican folklore, with a special emphasis on the Day of the Dead, the food- and music-filled celebration of the annual return of the spirits of deceased loved ones.

Del Toro said he was moved by Gutierrez's emotional, visual and narrative connection to Mexico.

"It was a huge nostalgia," del Toro said, "a very painful and beautiful nostalgia that made me say I'm going to protect this project and celebrate this guy."

It helped that Gutierrez presented his ideas and illustrations over "a trunk of tequila," the filmmaker said.

*Book of Life* centres on two best friends angling for the girl

of their dreams, not realizing that otherworldly powers have a stake in the outcome. The leaders of the underworlds, the Land of the Remembered and the Land of the Forgotten, make a wager on which lover the girl will choose.

Zoe Saldana, Channing Tatum and Diego Luna lead the voice cast. The film also features ranchera interpretations of popular songs by Mumford & Sons, Radiohead, Rod Stewart and others.

THE ASSOCIATED PRESS

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Beyoncé and Jay-Z ALL PHOTOS GETTY IMAGES

## Beyoncé and Jay-Z are On the Run with a marriage counsellor

Jay-Z and Beyoncé reportedly have added a new member to their summer tour entourage: A marriage counsellor — well, virtually at least. Sources tell the Daily Mirror that the married moguls have been meeting with a therapist via Skype while on the road to keep their relationship on course. "It might sound drastic but, in America

especially, counselling is fairly standard practice," a source says. "They have known their therapist for a long time and try to have weekly sessions just to keep communication open and make sure there are no misunderstandings. It's about maintenance rather than trying to fix anything hugely wrong."



Zoe Saldana

## Zoe compares her quick marriage to buying jeans — no window shopping

Zoe Saldana doesn't care if people think she and her husband of one year, Marco Perego, got hitched too soon after they started dating. "I don't do the ABCs," she tells Marie Claire. "I do what my heart says, what my heart feels. So from the moment I met my husband, we were together. We knew." The Guardians of the Galaxy star

applies the same attitude to shopping as she does to her marriage. "I don't just window shop. I don't have the time or the energy or the attention span for that," she says. "I need a pair of jeans, I go and — boom — get them. I met my husband, I wasn't going to try it out and see if it works. No, I felt it. I went with the feeling."

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word

*Lohan feels London calling and considers long-term commitment*



NED EHRBAR  
Metro in Hollywood

Lindsay Lohan is almost officially London's problem, so everybody just keep quiet until she's gone, OK?

The troubled starlet has been living it up across the pond, but now that's she finally scored herself a gig over there, she's eager to make the move permanent, to the relief of drivers and nightclub patrons across the U.S.

"I have a great place. It's very light and I feel safe," Lohan tells the Daily Express. "I think I am making the move to come over here."

Lohan starts her run on the West End stage later this year, and she's already looking to head off speculation that she'll flake out on work.

"I'm at a place in my life where I like the commitment. I'm looking forward to that part of it," she says.

You go, girl. No, really. Go.



## Laurie caught off guard by Serbian fan who made off with his passport

Sometimes diehard fans can be a real drag, as Hugh Laurie learned while travelling across Eastern Europe this week. The former House star tweeted about an unfortunate hold-up with a Serbian official while on tour with his blues group, Copper Bottom Band. "Crossed into Serbia but had to turn back an hour later," Laurie wrote. "Border guard had kept my passport to make a photocopy as a souvenir. Smashing!"

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# HOTTEST

# One wet and wild adventure

Welcome to the world's tallest waterslide. What's it like hurtling down a water track at over 100 km/hr? Read on!

Halfway up the 264 stairs leading to the top of the world's tallest waterslide, it is clear this is the most breathtaking ride you'll ever encounter.

And that's before you ever step foot in the raft.

Two-thirds of the way up the circular stairs is a sign that says you've reached the height of the Statue of Liberty.

A few dozen more steps and you've reached the level of Niagara Falls — and the relief that despite being a little light-headed, you're going to make it to the top of the ride called "Verrückt" — German for "insane."

From a distance, the waterslide at the edge of Schlitterbahn Waterpark, about 25 kilometres west of downtown Kansas City, Mo., doesn't look so scary.

Even from just below the 51-metre structure, it's easy to dismiss the steepness of the first plunge if you've not been to the top and watched nervously as the gate opens and your raft starts creeping to the edge.

But the steady screams of grown men and women clinging to their rafts as they nosedive through bursts of water are proof this ride is anything but tame.

Before being allowed to



The ride can hit speeds of up to 112 kilometres per hour. THE ASSOCIATED PRESS

#### Rider beware

**Among the warnings delivered to riders before they start their ascent is that one of the possible hazards of going down the waterslide is ... death.**

climb the stairs to Verrückt, two or three riders at a time step onto a scale to make sure their combined weight isn't over 550 pounds.

A park worker then reads a two-page list that's as much a warning as it is

a disclaimer that Verrückt isn't for the faint of heart (or anyone who is overweight, has a history of back problems or is pregnant).

Among the warnings delivered to riders before they



From the top, the plunge is higher than Niagara Falls. THE ASSOCIATED PRESS

#### AUGMENTED REALITY

→ Can you handle the 17-storey drop? Scan this photo with your Metro News app to see a video of riders taking on the world's tallest waterslide.



→ See the full instructions on Metro's Voices page.

up and flown over the edge, destroying upon its impact with the ground both the vessel and the sandbag people it was carrying.

Verrückt's designer, Jeff Henry, says that he wore cowboy boots his first time down because if he was going to die, he wanted to go with his boots on.

The raft inches into position, and all you see is the sky.

It's the scariest part so far, the feeling of moving closer to the drop.

That plunge goes fast, up to 112 kilometres per hour. So fast that water shoots up over the sides of the raft.

By the time you open your eyes — a matter of seconds — you've reached the bottom and your mind gropes for an explanation of what just happened.

You'll feel elated that you've just had the guts to conquer what Henry calls "the baddest ride ever built."

THE ASSOCIATED PRESS

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The West Beach in Grand Beach on Lake Winnipeg has been named one of the best beaches in the world by Playboy Magazine. ISTOCK

# Hey Canada! It's time to hit the beach

**Sun and fun.** In need of some vitamin D and the sound of waves lapping against the shore? Check these out



ON THE MOVE

Loren Christie

Grab your sunblock. Canada has a beach for everyone.

#### Best for family

The second-largest freshwater beach in the world, Ontario's Sauble Beach offers 11 kilometres of sand and shallow warm water ideal for swimming. Attractions include amusement parks, bars, playgrounds and go-karts. Located along the shore of Lake Huron west of Owen Sound, the friendly town of Sauble Beach

is teeming with visitors, which makes for great people-watching.

#### Best for beach culture

With views of the Coast Mountain Range and the Strait of Georgia, the traditional beach resort town of Qualicum Beach, B.C., is one of the "grande dames" of Canadian seaside destinations. Sandy beaches make it a popular spot for swimming and beachcombing. The town has beautiful and extensive private gardens and a lively local theatre and music scene that provides plenty of evening entertainment.

#### Best for surfers

Located in Nova Scotia about an hour's drive east of Halifax, Martinique Beach is the longest sandy beach in the province. Quiet and underpopulated, it's the incredible wind and waves that draw surfers from around

the world. As a protected bird sanctuary, visitors to the beach will also have the chance to spot Canadian geese, black ducks and the endangered Piper Plover.

#### Best beach in the Prairies

Located an hour north of Winnipeg on Lake Winnipeg, Grand Beach, Man., is actually two beaches stretching for a total of three kilometres. The West Beach has the distinction of being named as one of the world's best beaches by Playboy Magazine, while the East Beach is quieter and popular with families. Both have access to the clear freshwater lake and long stretches of sand, including 12 metre-high sand dunes. Grand Beach Provincial Park is undergoing a three-phase rejuvenation project, including a strengthened, paved boardwalk at a cost of approximately \$2.7 million.

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metro



How-to



### Prepare for a travel nightmare

1. [Travel.gc.ca/travelling](#) will help you find pre-travel information on countries you're thinking of visiting, so you can nip problems in the bud.
2. Head to [travel.gc.ca/assistance/embassies](#) for a list of embassies and consulates that provide services to Canadians abroad, in case things are looking dire.
3. Visit [ppt.gc.ca](#) if you lose your passport. This site is also good for fraud alerts and information on identity theft.
4. Always travel with both electronic and paper copies of your complete travel insurance plan.
5. Keep jpgs of your passport and driver's license tucked away online on Google or Dropbox.
6. Always look on the bright side.

DOUG WALLACE/METRO

Trend



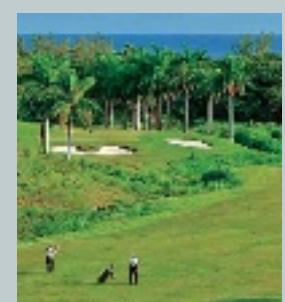
NEIL FORRESTER

### Family adventure memories

Disneyland may not be cutting it anymore. The trend toward more experiential holidays has Mom and Dad thinking further outside the box. Some parents are skipping vacation years to save up for the larger adventures every other year — the safari, the wilderness adventure or the camping trip in a foreign land. The term "memory making" is big with tour operators, who are busy phasing in custom-made kids clubs with programs that engage the children so parents can relax or do grownup things. These marketers are also taking into account multigenerational needs and wants, so Gram and Gramps can come, too.

DOUG WALLACE/METRO

Deal



### Jamaica with the boys

You won't need to twist any arms. Half Moon Resort in Montego Bay, Jamaica, is offering a three-night package just for the guys — in a six-person, six-bedroom villa that comes complete with a personal cook, butler and housekeeper. The offer includes an 18-hole golf tournament with caddies and carts, a deep-sea fishing excursion, one hour of tennis time with the resort pros, a one-hour sports massage for everybody, all meals and alcohol, plus airport transfers — all for about \$1,400 per person including tax and gratuity. Valid until December 10, 2014. Call 800-626-0592 to book. Visit [halfmoonrockresorts.com](#).

DOUG WALLACE/METRO

## Night at the museum. Have an adults only sleepover with dinos in NYC

If you're not afraid of things that go bump in the night, an adults-only sleepover at the American Museum of Natural History may be for you.

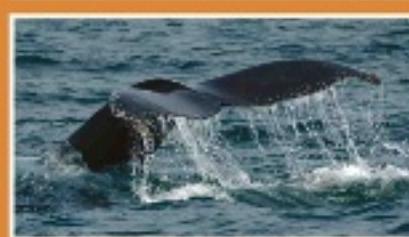
The New York City museum will have its first-ever sleepover adventure for adults 21 years

old and up on Aug. 1. It's a far cry from the kiddie version. For one thing, the charge is \$325 for museum members and \$375 for non-members.

A Champagne reception, music and a three-course dinner are on tap. Then it's off to

explore the museum's enormous dinosaur skeletons and African mammals. Participants will unroll their sleeping bags under the popular 94-foot-long blue whale. The nocturnal adventure will run from 6:30 p.m. to 9 a.m. **THE ASSOCIATED PRESS**

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# Meet mentors from many miles away

**E-nspiration.** Students in the far North get guidance from experts all over the country through an e-mentoring program

Every Thursday afternoon, Ryerson University professor Beau Standish would get an email from a teenager in a classroom in Whitehorse, picking his brains from 4,000 kilometres away about careers in science and engineering.

Later, after the medical biophysicist tucked his own kids into bed, he would re-

## Not to worry!

- TalentEgg will return with its regularly scheduled content next Wednesday. Visit metronews.ca/talenteegg to read TalentEgg features you may have missed the first time.

### Love what you learn

**"We wanted to find a way to empower students in the North to understand the rewards of staying in school — and everyone can benefit from a mentor."**

**Josh Silvertown**  
Founder of DreamCatcher Mentoring

spond with all the facts and fervour expected of any good mentor.

Call him an e-mentor.

Standish is one of more than 800 Canadian professionals who have offered to give long-distance career tips and encouragement to some of Canada's most far-flung northern students through a non-profit program called DreamCatcher Mentoring. DreamCatcher matches students with professionals in their "dream careers."

It's like e-dating, only with mentors.

"She had lots of great questions, from 'What do

### Reaching out

Mentoring lies at the heart of the Big Brothers Big Sisters' philosophy, so it made sense for the organization to take charge of DreamCatcher, whose technology can be used in ways beyond just career advice, said chief executive officer Bruce MacDonald.

- "We'll keep it in the 26 communities where it's established and look at expanding to new markets in the North, but there are also other ways it could be used in the South and in cities," said MacDonald — "maybe for urban immigrant populations or even men and women serving overseas in the military."

you do in an average day?' to 'How hard do you have to study?'" said Standish, who would send the student



**Josh Silvertown founded DreamCatcher Mentoring to help students understand the rewards of staying in school.**

MARTA IWANEK/TORONTO STAR

information on everything from scholarships to individual engineering schools. He was pleased when his long-distance protégé signed up for an introductory program at the University of Waterloo for students keen on engineering.

Some 1,500 students from across the Yukon, Northwest Territories and Nunavut have taken part in the program over the past decade, ever since Toronto cancer researcher and entrepreneur Josh Silvertown launched it as a way to tackle high dropout rates in Canada's North. About half of the participants are aboriginal students.

The program has been so

successful — the Yukon department of education said about 94 per cent of participants seem to stay in school — that he has given it to Big Brothers and Big Sisters of Canada to manage and expand this fall.

"We wanted to find a way to empower students in the North to understand the rewards of staying in school — and everyone can benefit from a mentor," said Silvertown.

He said giving his non-profit to another non-profit is a case study in altruistic amalgamation, something that more of Canada's 100,000 non-profits might consider as they compete for public support.

Grade 10 student Hannah Pater of Whitehorse was matched up with a marine biologist from the Maritimes, who she says "was really helpful explaining the variety of areas you can go into — Coast Guard, crustaceans, seaweed ...

"I've always been interested in the ocean, but I thought of marine biology as one big field, and she helped me straighten out my path," said Hannah. "A lot of my friends found it eye-opening to learn more about their dream careers, and some even decided it wasn't for them and are happy they found out before they got into the field."

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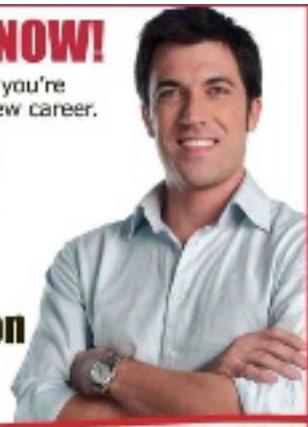
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# Give veggies kid appeal by adding spaghetti

**Salad Spotlight.** Metro's third day in a weeklong lightening of your plate includes grilled fresh vegetables bursting with summer flavour



DINNER EXPRESS  
Emily Richards  
food@metronews.ca

Gardens are brimming with vegetables that are ready to be picked and grilled to enjoy in every way possible.

If you don't have a garden full of veggies, be sure to head to the farmer's market to pick up some of these delicious ingredients.

It is a special time of year when we can see and smell all the wonders that grow around us. Fresh herbs are in abundance as well, so feel free to add extra to enjoy that summer flavour.

Using spaghetti for this pasta salad gives it a fun

kid appeal while adults will love the colour and flavour of the grilled vegetables.

You can enjoy this salad warm or cold. If you love vinegar, add an extra splash before serving it cold.

**1.** In a pot of boiling water, cook spaghetti for about 8 minutes or until al dente. Drain and rinse with cold water. Drain well and place in large bowl.

**2.** In another large bowl, toss sliced carrots, sliced eggplant, quartered orange and yellow pepper and sliced zucchini with oil to coat.

**3.** Place on greased grill with cobs of corn over medium high heat for about 10 minutes, turning once or until tender and golden.

**4.** When they have cooled enough to handle, place all of the grilled vegetables on a cutting board and cut them into bite-size pieces. Add the vegetables to the bowl of spaghetti.

## Cooking tips

Here is a way to make this salad work for you.

- Grilling technique.** When grilling vegetables, be sure to have a clean, well-greased grill and monitor the heat. You know your barbecue, so if it runs hot at medium-high be sure

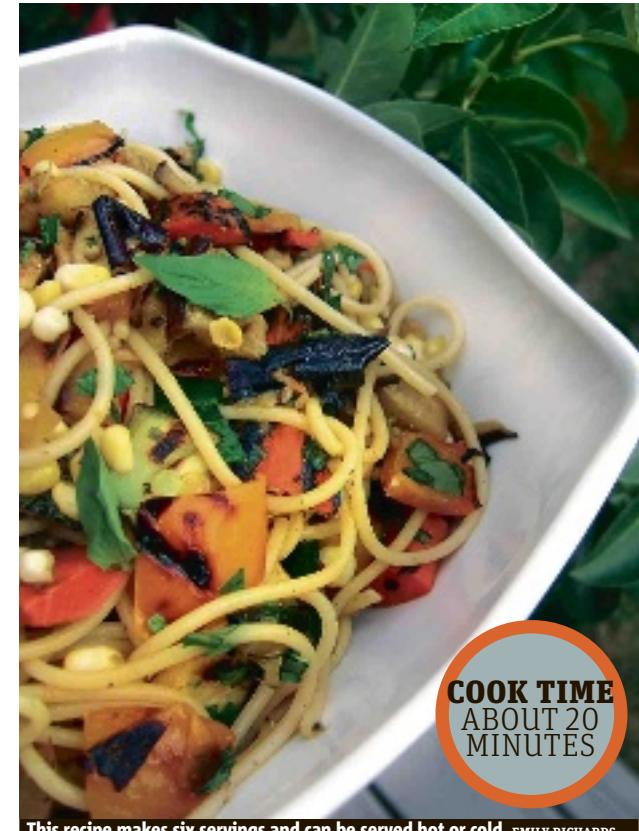
to turn it to medium for this recipe so you don't have charred vegetables. The flavour is more appealing with that hint of smokiness and it's also a healthier option!

- Take it to go.** This is a great choice for a picnic.

## Ingredients

- 4 oz (125 g) spaghetti, broken in smaller pieces
- 2 carrots, sliced lengthwise
- 1 eggplant (about 1 lb/454 g), sliced lengthwise
- 1 each orange and yellow pepper, quartered
- 1 zucchini, sliced lengthwise
- 1 tbsp (15 ml) canola oil
- 2 cobs of corn, husked
- 3 tbsp (45 ml) apple cider or balsamic vinegar
- 2 tbsp (30 ml) vegetable broth
- 1 tbsp (15 ml) prepared basil pesto
- Pinch freshly ground black pepper
- 1/3 cup (75 ml) chopped fresh basil

**5.** In a small bowl, whisk together the vinegar, vegetable broth, pesto and freshly ground black pepper. Pour over the vegetable and spaghetti mixture, add fresh basil and toss to coat evenly.



COOK TIME  
ABOUT 20 MINUTES

This recipe makes six servings and can be served hot or cold. EMILY RICHARDS

## A Middle Eastern touch

**1.** Use box grater to coarsely grate the zucchini. Transfer to a strainer. Toss the zucchini with 1/2 teaspoon of salt and let it drain over the sink for 15 minutes. When drained, working with a small handful at a time, squeeze out zucchini to get rid of as much liquid as possible.

**2.** While the zucchini is draining, in a nonstick skillet, heat oil over medium. Add the onion and cook, stirring occasionally, for 6 minutes, or until golden brown. Add squeezed zucchini and cook, stirring, 1 minute. Transfer mixture to a medium bowl and let it cool to room temperature.

**3.** Heat a grill to medium.

**4.** Sauce: Combine yogurt, 1/2 teaspoon garlic, 1 teaspoon lemon zest, and salt and pepper to taste. Set aside.



This Grilled Middle Eastern Lamb Burger with Garlic Sauce recipe serves four.  
MATTHEW MEAD / THE ASSOCIATED PRESS

pita half, topped with the garlic sauce, carrots and cucumber.

THE ASSOCIATED PRESS/ SARA MOULTON, AUTHOR OF SARA MOULTON'S EVERYDAY FAMILY DINNERS

## Ingredients

- 1 medium zucchini (10 oz)
- Kosher salt
- 1 1/2 tbsp extra-virgin olive oil
- 1 cup finely chopped onion
- 1 cup nonfat Greek yogurt
- 1 1/2 tsp minced garlic, divided
- 2 tsp grated lemon zest, divided
- Ground black pepper
- 1 lb lean ground lamb
- 1 tbsp finely chopped fresh oregano
- Olive oil cooking spray
- 4 pita bread halves
- Grated carrots and chopped cucumbers, to serve

**5.** When zucchini mix cools, add lamb, oregano, remaining lemon zest, remaining garlic, and 1/4 teaspoon salt and 1/4 teaspoon pepper. Mix well, then shape into 4 patties, each about 1/2 inch thick. Spray burgers lightly with olive oil cooking spray, then grill until medium-rare, 4 minutes per side.

**6.** Serve each burger in a

You never  
forget your  
first...

Taste!

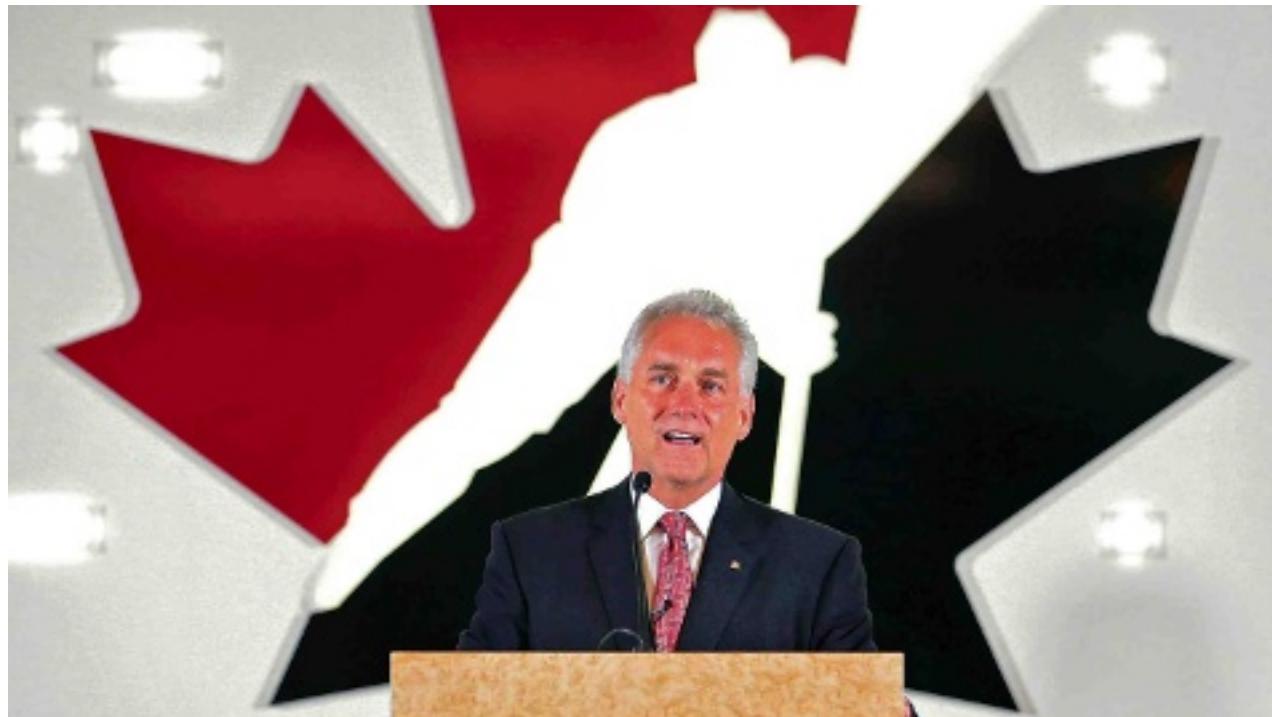


August 2014  
RIDEAU CENTRE

# 4 SPORTS

14

SPORTS

metronews.ca  
Wednesday, July 16, 2014

Tom Renney speaks at a news conference introducing him as the president and CEO of Hockey Canada on Tuesday in Calgary. JEFF MCINTOSH/THE CANADIAN PRESS

## Renney takes reins at Hockey Canada

### New president, CEO.

Longtime coach praised for his track record in using communication skills to bond teams

Tom Renney is a hockey man, not a businessman. He and his wife once ran a clothing store in Trail, B.C., but since then he has been immersed in coaching.

So when Hockey Canada was searching for a new

### Quoted

**"It's an absolute privilege to be here representing Hockey Canada as the president and CEO."** Tom Renney

president and CEO and Renney emerged as serious candidate, the 59-year-old didn't put on a masquerade.

"(Business is) not where his passion lies," Team Canada coach Mike Babcock said. "And it's not where his expertise lies. One thing about Tom: He knows what he is and he knows what he's not."

Renney, above all else, is a respected hockey man, and his decades of experience at the amateur, international and professional levels ultimately made him Hockey Canada's choice to replace Bob Nicholson.

What separated Renney from other candidates, board of directors chairman Jim Hornell said, were his values base,

his connections throughout the sport and his passion to grow the game.

"He's a people person, he connects well, he communicates well with people and certainly he's recognized not only in Canada but throughout the hockey world, and that's important," Hornell said on a conference call Tuesday. "It's important that we have someone who is knowledgeable in hockey but who is also recognized in hockey and can bring a team together."

THE CANADIAN PRESS

## Montreal back in MLB? Selig likes it, in theory

Baseball commissioner Bud Selig can envision Montreal making a bid to return to the major leagues.

The Expos joined the National League for the 1969 season and remained in the big leagues through 2004 before moving to Washington and becoming the Nationals.

While the Expos failed to draw million spectators to Olympic Stadium in any of their final seven seasons, a total of 96,350 fans attended a pair of exhibition games

there in March between the New York Mets and Toronto Blue Jays.

"I think they would be an excellent candidate in the future. No question about it. That was very impressive," Selig said Tuesday.

"They have much work to be done," he said. "There's certainly in my



Bud Selig  
GETTY IMAGES

### 85th Midsummer Classic

Go to metronews.ca to find out what happened at Tuesday night's MLB All-Star Game in Minneapolis, Minn.

case no hard or angry feeling toward Montreal. We tried to keep a team there. It's a long story now. But I thought that was marvelous."

THE ASSOCIATED PRESS

### CFL

## Owens out of Argos' lineup against Redblacks

The Flyin' Hawaiian will be grounded for this week, and probably longer.

Toronto receiver Chad Owens will miss the Argonauts' game in Ottawa on Friday with a left foot injury, and the team believes he will be out a minimum of three weeks.

That leaves the Argos with very little veteran depth at receiver. Slotback Andre Durie is out with a broken clavicle and wide receiver Jason Barnes is sidelined with a knee injury.

Owens was wearing a walking boot for the second straight day when he arrived at Tuesday's practice.

THE CANADIAN PRESS

### NHL

## Crosby won't need surgery after all

Pittsburgh Penguins captain Sidney Crosby does not need surgery on his injured wrist.

Crosby dealt with a wrist injury during the playoffs, and a report out of Pittsburgh last week indicated he needed surgery to fix the issue in time for training camp.

But the Penguins announced Tuesday on Twitter that "after seeking additional medical advice, doctors have decided not to perform surgery on Sidney Crosby's wrist," adding that he will continue to receive treatment and be evaluated as he prepares for camp.

THE CANADIAN PRESS



## Heroes welcomed in Berlin

Bastian Schweinsteiger holds up the World Cup trophy for fans during Germany's victory ceremony on Tuesday in Berlin. Germany shared its fourth World Cup title with an estimated 400,000 people. Scan the image with the Metro News app for additional photos from the celebration. MARKUS GILLIAR - POOL/GETTY IMAGES

**2014 Lincoln MKZ Hybrid**

- Type.** Four-door, front-wheel drive midsize luxury sedan
- Engines (hp).** 2.0-litre inline four-cylinder gasoline engine and 88 kW electric motor (approximately 188 combined)
- Transmission.** CVT automatic
- Base price.** (incl. destination). \$46,100

**Market position**

A very fuel-efficient and high-tech midsize luxury sedan. Ford says the re-imagining of the Lincoln brand has it positioned to appeal to a younger and more "culturally progressive" type of luxury customer; the type, for example, that would prefer a more personalized and understated "W" hotel stay over a more ostentatious luxury hotel experience.

**Points**

- Second model-year for current-generation version. Based on CD4 platform also under Ford Fusion.
- No premium charged for hybrid model. Same base price as gasoline-powered MKZ.
- More powerful lithium-ion battery pack translates to more electrical thrust and the ability to downsize gasoline engine to 2.0 litres (from 2.5 litres), for even better



The Lincoln MKZ Hybrid might appeal to the younger and more "culturally progressive."

fuel efficiency (4.2 L/100 km combined).

**Safety**

Eight standard air bags; available inflatable rear outboard safety belts; electronic stability control with Curve Control; four wheel disc brakes with ABS; available back up camera, adaptive cruise control with collision warning and brake support, active park assist, lane keeping system and auto high-beam headlights; tire pressure monitoring system.

## Entry-level luxury, top-shelf fuel economy



PHOTOS: MIKE GETZ

**Compare**

PHOTOS: CONTRIBUTED



**1 Lexus ES Hybrid**  
Base price: \$46,095  
Like the Camry hybrid it's based on, but with Lexus styling and pricing.



**2 Infiniti Q50 Hybrid**  
Base price: \$48,995  
A performance hybrid with more snap and less fuel efficiency.



**3 Buick LaCrosse**  
Base price: \$37,495  
Considered a mild-hybrid; as in only electric assist, no electric-only mode.

### Review. Lincoln's MKZ Hybrid takes a different path to luxury

MIKE  
GOETZ  
drive@metronews.ca

It's hard to feel sorry for an inanimate object, especially for something as neat-oh and cool looking as this sophisticated 2014 Lincoln MKZ Hybrid.

Well, after my week, that dual underdog aspect of the Lincoln was just another thing that endured me to this luxury hybrid. It's far from perfect, but overall it's a great ride, with great looks and super fuel economy — 4.2 L/100 km city and highway.

A new and powerful lithium-ion battery pack meant Lincoln could upgrade the electrical motivation and move to a smaller (2.0-litre) gasoline engine.

Though it launches well, the combined 188 horsepower is not going to win you many street races. But to those of you who don't necessarily equate luxury with the zoom factor, you'll be perfect-

ly happy motoring around, especially if your priority is fuel economy and/or not having a big ecological footprint.



MKZ is based on the Ford Fusion and both exhibit excellent handling characteristics.

Yes, all Lincolns are based on a Ford. But Ford is making decent stuff these days. MKZ is based on the Ford Fusion and both exhibit excellent handling characteristics. As

a Lincoln, MKZ also benefits from a system called Lincoln Drive Control, which continually adjusts the suspension, the electric power steering feel and ratio, and a noise-suppression technology.

Note, however, that the MKZ is prioritized for spirited handling. The ride is surpris-

ingly firm and controlled — it's not a couch on wheels like Lincolns of yore.

I thought the steering became too light, too fast when braking to stop, but otherwise the Drive Control was unobtrusive and effective.

The bigger caveat is the finicky nature of the touch-sensitive sliders and buttons on the instrument panel. It takes too much brainpower to do simple things like tune the radio and turn the fan down. (I know rotary knobs don't look or feel high-techy, but you know what? THEY WORK.)

The distinctive way the rear of the cabin is styled is an acquired taste. It also makes ingress and egress and the rear seating area a bit smaller than it might have been. But I love the way the front of the car looks. Very classy.

5  
DRIVE

# Shift: From hybrids, technology, new vehicles and the environment, to saving money at the pumps

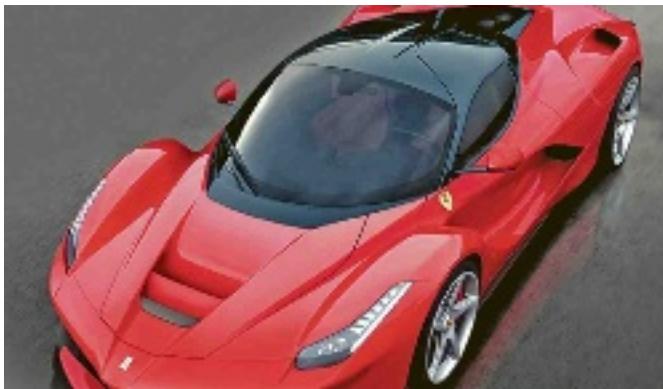
## Bamboo better than carbon fibre?

Even before it has really taken off as a deeply ingrained construction material in mass-production automobiles, carbon fibre's day might already have come and gone ... eclipsed by bamboo. California surfboard manufacturer Gary Young argues that with the right approach, bamboo can be used in many applications in the auto industry "where its performance qualities can better carbon fibre's." He told Britain's BBCAutos.com that bamboo fiber is in most cases just as strong as carbon, much cheaper to buy and more environment friendly. Hailed for its incredible light weight and strength, carbon fibre is still expensive to make in large pieces and quantities, requires copious energy to manufacture, is not recyclable and uses toxic chemicals in its production. **ALL TEXT WHEELBASE MEDIA**



## More frugal Ferraris will maintain performance

Having curbed its fleet-wide carbon dioxide emissions by almost 40 per cent since 2007, Ferrari says it figures it can achieve a further 20 per cent reduction by 2021, using primarily smaller engines with turbocharging and hybrid technologies. "We want to use all the available technologies to reduce emissions by three per cent each year, which means approximately 20 per cent by 2021," Ferrari powertrain director Vittorio Dini told industry reporter Automotive News recently. Ferrari will add turbochargers to all of its V8 models and gas-electric hybrid systems to all of its V12s. None of that will make a difference in the big picture — Ferrari sold 7,318 cars in 2012 — but it's good to see the automaker's storied engineering muscle contribute to the cause.



## Shift points

- BMW expects to be building 100,000 electric cars a year by 2020. Management board chairman Norbert Reithofer told Automotive News that plug-in vehicle production would steadily increase by 2018 before hitting full stride at the end of the decade.
- Honda announced that Californians interested in buying its Civic Natural Gas model will be eligible for a \$1,000 US credit at any certified Honda Natural Gas dealer.
- Hyundai delivered its first Tucson fuel-cell-powered vehicle to a family in Southern California in mid-June. Hyundai will initially offer the Tucson Fuel Cell on a lease program to customers in the Los Angeles/Orange County areas, where it has approved six stations with appropriate hydrogen fuel pumps.

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For the latest information, visit us at [chevrolet.ca](#), drop by your local Chevrolet Dealer or call us at 1-800-GM-DRIVE. \*Based on a 48 month lease for 2014 Chevrolet Cruze LT Turbo 1SA+MH8. Annual kilometre limit of 20,000 km, \$0.16 per excess kilometre. OAC by GM Financial. Monthly bi-weekly payments may vary depending on down payment/trade. A down payment or trade of \$695 and/or \$0 security deposit is required. Total obligation is \$10,945. Option to purchase at lease end is \$9,284. Excess wear and tear and km charges not included. Other lease options available. ▼\*\* Freight & PDI (\$1,600), registration, air and tire levies and OMVIC fees included. Insurance, licence, PPSA, dealer fees and applicable taxes not included. Offers apply as indicated to 2014 new or demonstrator models of the vehicle equipped as described. Offers apply to qualified retail customers in the Ontario Chevrolet Dealer Association area only (including Outaouais). 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Applies to new 2014 Chevrolet, Buick and GMC models, 2015 Chevrolet Silverado and GMC Sierra HD Pickups and 2015 GMC Yukon, Chevrolet Tahoe and Suburban models, at participating dealers in Canada, excluding Chevrolet Corvette and all Cadillac models. Employee price excludes licence, insurance, registration, dealer administration fee, fees associated with filing at movable property registry/PPSA fees, duties and taxes. Dealer may sell for less. Dealer order or trade may be required. Offer may not be combined with certain other consumer incentives. GMCL may modify, extend or terminate this offer, in whole or in part, at any time without notice. See dealer for details. ¶Participating lenders are subject to change. 0% purchase financing offered on approved credit by RBC Royal Bank/TD Auto Finance Services/Société Générale on new or demonstrator 2014 Chevrolet Sonic, Cruze, Malibu, Camaro (excluding Camaro Z28) & Equinox on 36/84/36/60/60 months. Rates from other lenders will vary. Down payment, trade and/or security deposit may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Example: \$25,595 at 0% APR, the monthly payment is \$304.70 for 84 months. Cost of borrowing is \$0, total obligation is \$25,595. Offer is unconditionally interest-free. Offers apply to qualified retail customers only. Limited time offer which may not be combined with certain other offers. GMCL may modify, extend or terminate offers, in whole or in part, at any time without notice. Conditions and limitations apply. See dealer for details. ▼▼0% for 36 month lease available on 2014 MY Chevrolet Sonic, Cruze (excluding Cruze Diesel), Malibu, Impala and Trax on approved credit by GM Financial with delivery from June 3, 2014 - July 31, 2014. Monthly/bi-weekly payments may vary depending on down payment/trade. Example: \$25,595 at 0% APR. Bi-weekly payment is \$107.13 for 36 months and total obligation is \$38,246, plus applicable taxes. Option to purchase at lease end is \$11,323. Tax, licence, insurance, registration, applicable provincial fees and optional equipment extra. Annual kilometre limit of 20,000 km, \$0.16 per excess kilometre. \*\*The 2-Year Scheduled Lube-Oil-Filter Maintenance Program provides eligible customers in Canada, who have purchased, leased or financed a new eligible 2014 MY Chevrolet, Buick or GMC vehicle (excluding Spark EV) with an ACDelco oil and filter change, in accordance with the oil life monitoring system and the Owner's Manual, for 2 years or 40,000 km, whichever occurs first. See dealer for limited warranty details. △Offer applies to eligible current owners or lessees of any model year 1999 or newer car that has been registered and insured in Canada in the customer's name for the previous consecutive six (6) months. Credit valid towards the retail purchase or lease of one eligible 2013, 2014 or 2015 model year Chevrolet/Buick/GMC/Cadillac car, SUV or crossover delivered in Canada between July 1, 2014 and July 31, 2014. Credit is a manufacturer to consumer incentive (tax inclusive) and credit value depends on model purchased. \$750 credit available on all eligible Chevrolet, Buick and GMC vehicles; \$1,000 credit available on all Cadillac vehicles. Offer is transferable to a family member living within the same household (proof of address required). As part of the transaction, dealer may request documentation and contact General Motors of Canada Limited (GMCL) to verify eligibility. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives. Certain limitations or conditions apply. Void where prohibited. See your GMCL dealer for details. 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Toyota presents the redesigned 2015 Camry to the press at the New York Auto Show earlier this year. JILL MCINTOSH/FOR METRO

# Redesigns, improvements keep vehicles fresh

**Driving Force.** It's a delicate balance of changing it enough to make a difference, while remaining familiar enough for loyal fans

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MCINTOSH  
drive@metronews.ca

It takes a great deal of time, work, and money to redesign a car, but even as a new model comes to market, auto companies are busy updating it.

"The competition is fierce," says Kevin Hunter, president of Calty Design Research, Toyota's design studio in California. "But we always have to consider the customer when we 'move the needle.'

Generally, brand-new models are introduced, "refreshed" about halfway through their life cycle, and then completely redesigned again as all-new.

In the past, the refresh would usually be minor and take a few years, but many automakers are now updating their models sooner, and more extensively, to stay competitive. Hunter's team has sent out a Toyota Camry for 2015 that uses the 2014 model's platform and engine, but with radically updated interior and exterior styling.

Refreshed styling is actually far more difficult than creating a car from scratch,

Hunter says, because designers have to work within the constraints of the current car, including its overall size, shape, and interior configuration.

At the same time, the redesign has to be extensive enough that buyers can tell at a glance that the vehicle's been changed.

Even as they alter the

car's appearance, designers have to maintain the integrity of the original engineering.

Altering the vehicle's aerodynamics can negatively affect its fuel economy, while new curves or shapes have to meet the realities of mass production, and any changes to the steering or suspension must be extensively tested.

Automakers don't take redesigns lightly, as they're very expensive.

In addition to the costs of design and engineering, production facilities have to be retooled to make the new parts, and suppliers have to accommodate the updated designs.

A redesigned model also goes through the same launch process as an all-new model.

The company has to produce new advertising and commercials, print new brochures and sales material for its dealers, update its website, and present the car to the media.

Toyota says that most mainstream-model customers only spend about 30 days deciding which car to buy, and the company has to focus on advertising until there are enough of the new models on the road that these customers realize the car they knew before has been changed.

"We start on the next one as soon as (the current one) hits the showrooms," Hunter says. "We always try to go as far as we can, without getting so radical that the customer may not appreciate it."

# SUVW

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**Horoscopes by Sally Brompton**

**♈ Aries**

**March 21 - April 20**

Pay more attention to your career over the next few weeks. What is it you are best at and what brings out your special creativity? Do that to the exclusion of everything else.

**♉ Taurus**

**April 21 - May 21**

Stand back from money matters and see your life from a wider perspective. There are many types of wealth and the most important of all is to be rich in knowledge — and love.

**♊ Gemini**

**May 22 - June 21**

You'll find it easier to get your point of view across. Even nicer is that you will discover that loved ones are on your side.

**♋ Cancer**

**June 22 - July 23**

If you go out of your way to help people your good deeds will come back to you many times over. If, however, you go out of your way to make life difficult for others your own life will be more difficult.

**♌ Leo**

**July 24 - Aug. 23**

You have done many things (some good, others bad) over the past few weeks, because you believed in what you were doing. Because of that, you have no reason to apologize.

**♍ Virgo**

**Aug. 24 - Sept. 23**

Forget all the things that have gone wrong in your life and look forward to all the things that will soon be going right.

**♎ Libra**

**Sept. 24 - Oct. 23**

There is no point getting angry with those who have let you down. The more you shout, the more likely it is they will make mistakes. Change your attitude.

**♏ Scorpio**

**Oct. 24 - Nov. 22**

Money worries will recede over the next few days as you focus more on making a success of your career. Why not treat yourself to a night on the town?

**♐ Sagittarius**

**Nov. 23 - Dec. 21**

The pace of life has been hectic and if you don't take a break you might regret it. There is, though, still enough time for one last effort to complete something important to you.

**♑ Capricorn**

**Dec. 22 - Jan. 20**

You can feel your confidence beginning to return and by the end of the week you will have forgotten that you ever doubted yourself. Your ability to make things happen is there.

**♒ Aquarius**

**Jan. 21 - Feb. 19**

If there is something you need to own up to do now as Jupiter, planet of good fortune, moves into your opposite sign. Most likely you've worried about it for no good reason.

**♓ Pisces**

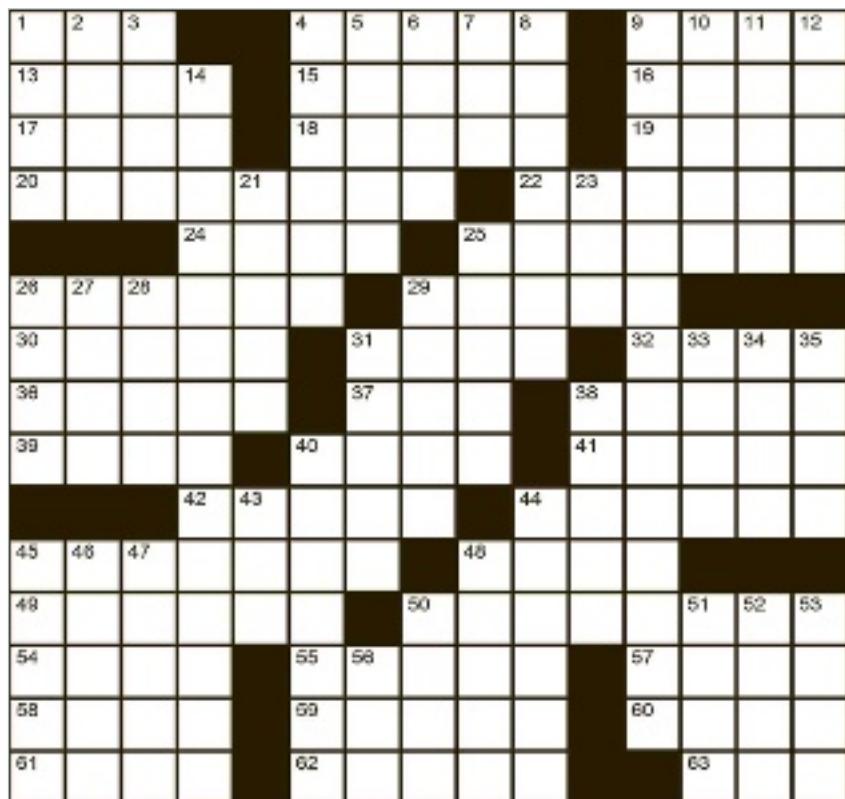
**Feb. 20 - March 20**

You will be back to your best in a matter of days but today you must make peace with anyone you have fallen out with. Maybe you were a little harsh on them.

**Crossword: Canada Across and Down by Kelly Ann Buchanan**

**Across**

1. Beaver's buildee
4. Rig out
9. Gent
13. "Wanna make \_\_?" (Oh, really?!)
15. \_\_millionaire
16. 24-\_\_ day
17. Boring
18. Place a nametag: 2 wds.
19. Lady Gaga's "You \_\_"
20. Madrid 'Miss'
22. \_\_Carleton, PEI
24. Scarce
25. Patsy \_\_ (Campbellton, NB born singer)
26. Elton's co-song-writer
29. Battle royal
30. Shingles spots
31. Spring
32. "The Best of Times" band
36. Rock music genre
37. Civil rights org. founded in 1913
38. Write \_\_ (Item on an old Robert Service 'To-Do List', say)
39. Feminine suffix
40. Sherbrooke 'streets'



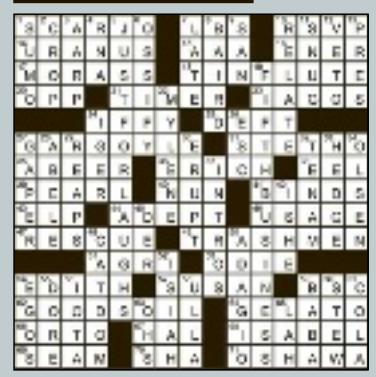
41. \_\_ blanche
42. British geologist, Sir Charles \_\_ (b.1797 - d.1875)
44. Canadian frozen fries maker
45. Cape Breton Island village
48. + - x subj.
49. Nevertheless, fun-style
50. Saskatchewan town, 'Gateway to the Sandhills'
54. Actress Ms. Kedrova
55. Hen's home
57. Fort \_\_, ON
58. And others,

- briefly: 2 wds.
59. Beneficiary
60. Diamond spot
61. Mark Twain's jumping frog, \_\_ Webster
62. Fork's friend
63. Toronto museum, commonly
- Down

1. Lightly applies
2. Ready. Willing. \_\_.
3. Unkind
4. \_\_-waist dress
5. Very
6. Arm bone
7. "What was \_\_ do?"
8. CFL legend, Michael \_\_ Clemons
9. Iconic Canadian artist of the Moose Factory in Toronto: 2 wds.
10. Beach Boys song title car
11. 1948 Pulitzer-winning poet, W.H. \_\_ (b.1907 - d.1973)
12. Publish

14. Edward Rochester's home in 1800s literature: 2 wds.
21. Job picker's demand
23. \_\_ Buttermilk Sky" by Hoagy Carmichael
25. The J. \_\_ Band
26. Creamy cheese
27. Geological periods
28. Curtains holders
29. Vogue cover person
31. Sink sealant
33. 1970 war movie, when tripped!
34. Fabled creature
35. \_\_ Origins: Wolverine" (2009)
38. They're created to join Twitter, e.g.
40. The Guess Who outputs
43. Warder of the Tower of London, commonly
44. Newfoundland \_\_ (Weasel-like animal)
45. Worked with hay
46. "West Side Story" (1961) character
47. Singer/songwriter Bob
48. Saskatoon coffee roasters, since 2007
50. U2 singer
51. Diva's song
52. "Ally McBeal" character
53. Plastic playset piece
56. Alley \_\_ (Comic strip classic)

**Yesterday's Crossword**



**Online**

See today's answers at [metronews.ca/answers](http://metronews.ca/answers)



**Sudoku**

**How to play**  
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

**Yesterday's Sudoku**

6	1	8	4	7	3	5	2	9
7	2	9	8	5	1	3	6	4
4	5	3	2	9	8	7	1	8
1	3	2	8	4	9	8	5	7
5	9	8	7	8	2	1	4	3
8	7	4	3	1	5	2	9	6
2	4	7	1	6	8	9	3	5
3	8	5	9	2	4	5	7	1
9	6	1	5	3	7	4	8	2

4	2			8	3
5			3	9	6
			4	8	
	1	7			2
4					5
	1	7			
3	2				
8		5	6		7
	5	1		8	9

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